



WEXHAM COURT
PRIMARY SCHOOL

Parent/Carer Newsletter



Key Dates for Parents/Carers

Friday 1st October - WCPS Teeth Brushing Month

Friday 1st October - Black History Month

Tuesday 5th October - World Teacher Day

Wednesday 6th October - Walk to School Day

Important Information

Dear Parents & Carers,

Welcome back parents, it has been lovely to see that you are all well and had a nice summer. Thank you for your good wishes, they have been greatly received. The start of the year has been a good one. The pupils have settled in well, having visited the classrooms daily, they have immersed in the sessions. It is good to have them all back and this is how we would like it to stay. Each week, I meet with the local authority and other Headteachers to discuss the ever-changing landscape of COVID. We have been advised to keep visitors in school to a minimum, and to continue with bubbles outside. Therefore, the pupils will from this week return to bubbles on the playground. We will avoid unnecessary mixing.

Healthy lifestyles

Our aim is to support our pupils in becoming holistically healthy people. By supporting them in this, we hope that they will grow and make positive choices as adults. As part of this work, we have introduced various initiatives such as the ones below. We have changed our behaviour code to **READY, RESPECTFUL & SAFE** and introduced mental health initiatives in class. There will be various things happening throughout the school year, your support is greatly needed and appreciated.

Healthy Eating Policy

Thank you for your support regarding our Healthy Eating policy. As a partnership, we can ensure that children are taught about healthy balanced meals and in return receive them. Teachers will continue to discuss healthy lunches with their classes and keep an eye on their packed lunches, this will enable us to share ideas and work directly with parents if any food items in lunches boxes are not in line with our Healthy eating policy.

Daily Skipping

This year, all pupils in year 1 - 6 have been given a skipping rope to use every break time. The teacher has been teaching them to skip and at the end of the month, I have challenged them to beat me in the number of skips. I must say, it looks great. All children actively increasing their heart rate and laughing as they do. Skipping is a great way to get fit and improve hand stamina and coordination, all essential for writing.



Tooth brushing

In previous years, we have had brushing as part of the reception day. They learnt how to brush their teeth for two minutes each day, by following a fun video. October will be our WCPS brushing month. All pupils will be given their own toothbrush and learn how to brush their teeth. I have spoken to a few dentists in Slough in regards to my concerns about the number of pupils with rotted teeth in our school. They informed me that it is much worse than that, many children they see have such rotted teeth, that they have already damaged their tooth socket. Please consider this when making decisions about breakfast and afterschool snacks. They do not need to have sugary food. They need healthy nutrition!

P.E Kits

We hope to get the PE kit very soon, if you have not returned your PE Kit letter, then we will estimate on the size.



A reminder that teachers are available via TEAMS to talk from 3.30pm to 4.00pm daily. This is to avoid talking at the end of day so that the playground does not have too many adults on it.

I love forward to a very productive year with you all.

Miss Mehat



Awards & Honours



STARS OF THE WEEK

| Reception | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|-------------------|-------------------------|-------------------|------------------------|------------------|--------------------|---------------------|
| England Nu'aim | Spain Zakki | Australia Omer | South Africa Raphie | Cuba Hashir | Brazil Ekamjeet | Philippines Zaid |
| Wales Maryam | Poland Abdulrahman W | Tonga Emaad | Ethiopia Muhammed | Canada Shanay | Argentina Lahna | China Salahuddin |
| Scotland Umair | Italy Ismail | Fiji Kanika | Egypt Sagan | Mexico Insha | Peru Fahhad | Sri Lanka Nourin |

MATHLETICS

| 1 st | 2 nd | 3 rd |
|-----------------|-----------------------|-----------------|
| Egypt | Tonga | Fiji |
| Lets Improve | Argentina | |
| Top Scorer | Anayah Husain - Egypt | |





Key Messages & Reminders

Lost Property

If you have any lost items then please contact the school office.

Front Office Team

Pick-up

A gentle reminder to parents that if you are not coming to collect your child/children can you please contact the school office before 2.45pm so that we can inform the class teacher.

Front Office Team

Lunch Accounts

Please can we remind all Year 3 parents to top up their lunch accounts. Universal Free School meals are for Reception to year 1 only. If you are entitled to Free School Meals, you will still have free lunch, otherwise you need to top up your account as you will be charged. If you think you may be eligible for Free School meals, please contact the school office for further assistance.

Front Office Team

Menu Changes

Occasionally, the menu will change with very short or even no notice due to problems with food delivery/driver shortages so please be aware. We will do our very best to keep it as close to the menu as possible.

Miss Purvis - Kitchen

A better bus network for Slough – We want to hear from you!

Slough Borough Council is developing a Bus Service Improvement Plan over the next few months. If you currently use buses, they want to hear if they meet your needs. Are they reliable? Do they go where you want to go, when you want to go? What would make you use buses more often? If you don't currently use buses, they still want to hear from you. Why don't you use buses at the moment? What improvements would make you consider using them?

Please complete this survey [Slough Bus Service Improvement Plan – Public Survey](#) .

It closes at 23:59 on Sunday 26th September, 2021.

What you say will be really helpful to the council and the bus operators in working out how to improve bus services in Slough.

Slough Borough Council

What to do when your child is unwell

The following link gives really good Government advice about unwell children who may have COVID-19, what to look out for and what to do:

[Coronavirus \(COVID-19\) symptoms in children - NHS \(www.nhs.uk\)](https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms-in-children/)



Below is information about the **Healthier Together** website for parents:

Healthier Together Platform

[COVID-19 :: Frimley HealthierTogether \(frimley-healthiertgether.nhs.uk\)](https://frimley-healthiertgether.nhs.uk)

This is a website to support local parents and carers to help them manage a range of common childhood illnesses. The site provides information to help parents/carers recognise what might be wrong, what to do to help their children whilst at home, and where to go for more help if they do need to see a healthcare professional. In most cases, childhood illnesses can be managed at home with over-the counter medication and rest.

Worried about the health of a child or young person?

Coughs
Cold
Fever
Asthma
Earache
Abdominal pain
Head injury
Rashes
Conjunctivitis
Bronchiolitis
Croup

NHS

Healthier Together
Improving the health of babies, children and young people throughout Frimley

Visit the NHS Frimley Healthier Together website for expert advice you can trust from local healthcare professionals

Visit: frimley-healthiertgether.nhs.uk

The poster features a purple background with a list of common childhood illnesses on the left, the NHS logo and Healthier Together branding on the right, and a cartoon illustration of a boy thinking with a virus nearby at the bottom right. There are also several small virus icons scattered across the right side of the poster.



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Healthier Together

Local advice and support to help manage and improve the health and wellbeing of babies, children, and young people

ASCOT | BRACKNELL | FARNHAM | MAIDENHEAD | NORTH EAST HAMPSHIRE | SLOUGH | SURREY HEATH | WINDSOR

Frimley Health and Care



Worried about your child's health and wellbeing?

The Frimley Healthier Together website provides the latest expert advice and reassurance for parents and carers about what might be wrong, what to do and where to go for help



You can get support on the following:

- Childhood illnesses
- Caring for newborns
- Children and young people's emotional and mental wellbeing
- Young people and growing up
- Maternal and Paternal mental health
- Maternity

“It's like having a mini doctor for you at home.”

Visit: frimley-healthierttogether.nhs.uk



SCAN ME



WEXHAM COURT
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Slough Football Coaching Course



SLOUGH FOOTBALL COACHING COURSE



AT ST BERNARD'S CATHOLIC GRAMMAR SCHOOL

1, LANGLEY ROAD, SLOUGH SL3 7AF

STARTING: TUESDAY 14th SEPTEMBER 2021

Tuesdays: Group 1 : School Years Reception and Year 1.....6.00pm - 7.00pm
Group 2 : School Years 2 & 3.....7.00pm - 8.00pm
Group 3 : School Years 4, 5, & 6.....8.00pm - 9.00pm

Dear Parents

I am pleased to inform you that, due to the huge success of our soccer courses over the last **20 years** we are following up the Soccer Coaching programme for the season starting in September 2021. The course will run for approximately 12 weeks and the programme is for boys & girls aged between 4 and 12.

About our Course

- The unique practice techniques are specifically designed to work with children of all abilities, ranging from the absolute beginner to the more advanced player.
- The course is run by F.A qualified coaches, who are **DBS** checked, and hold an advanced premier skills qualification, they are currently working with children, enabling them to learn essential soccer techniques, together with a '**FUN**' element, building **CONFIDENCE** and improving **FITNESS**.
- Professional goals are used in all groups for shooting practice and small sided games.
- It is an **indoor** course held in the sports hall, therefore children should wear trainers.
- **Ex Premier League Birmingham City, West Brom and Fulham player Geoff Horsfield** quotes, "I've coached on these courses with the team and they are fantastic in the way they deliver their coaching sessions!"
- **Ex England World Cup star and Sky Sports pundit Paul Merson** quotes, "I have presented trophies to the children on these courses and it's great to see the smiles on their faces and sense of achievement!"

Presentation of trophies and awards

- On the final week of the course we hold a presentation, whereby **EACH CHILD WILL RECEIVE AN ENGRAVED TROPHY.**
- Children also have a chance to win many other special individual awards and trophies for various skills, including '**F.A cup tournament**' and '**penalty shoot out**' competitions.
- Parents and friends are most welcome to attend the presentation and watch the children being presented with their awards, as this encourages a fantastic atmosphere.
- The cost of the course is £7.00 per week; payment is made every 4 weeks with the first payment of £28.00 due on week 1.
- **Please Note:** Places are limited, therefore bookings will be taken on a first come, first served basis. **Mark Frith (course coordinator)** www.prosoccercoachinguk.com

TO RESERVE PLACES PLEASE TEXT:

SLOUGH + CHILD'S NAME + AGE + GROUP NO. (1, 2 or 3)

and receive confirmation by text to:

07586 933 609



Top Table

Each week pupils are selected to join the Senior Leadership Team at the Top Table. This is a special privilege for pupils with exceptional piece of work. Last week, Miss Orsi sat down with a very special group of students for our new weekly Top Table Lunch. They received table service and indulged in some yummy fish and chips and enjoyed having lunch together and sharing their achievements.





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From all the staff here at Wexham Court Primary
School...

