



Menus Spring Summer 2022

Wexham Court Primary School

Week One Dates 19th Apr – 9th May – 30th May – 20th June – 11th July – 12th Sept – 3rd Oct

Week 1	"GREEN EARTH MONDAY"	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option Halal & Non-Halal	Smokey Spiced Vegetable Stew with Mexican Rice	Classic Pasta Bolognese & Garlic Bread	Roast Chicken with Yorkshire pudding, Roast Potatoes & Gravy	Creamy Chicken Curry & Mixed Rice	Fish Fingers with Chips & Tomato Sauce
Vegetarian Main Meal Option	Wholemeal Margherita Pizza Slice with Jacket Wedges	Sticky Barbecue Vegetables & Noodles	Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Veggie Burger with Potato Wedges	Crispy Vegetable Nuggets with Chips & Tomato Sauce
Vegetable Selection	Green Beans Sweetcorn	Broccoli Carrots	Cauliflower Seasonal Greens	Sweetcorn Carrots	Baked Beans Garden Peas
Jacket Potato or Pasta Option	Jacket Potato with Beans, Cheese or Tuna	Pasta with Tomato Sauce or Cheese	Jacket Potato with Beans, Cheese or Tuna	Pasta with Tomato Sauce or Cheese	Jacket Potato with Beans, Cheese or Tuna
Dessert	Apple Cereal Bar	Frozen Strawberry Yoghurt	Low-Fat Yoghurt	Fresh Fruit Salad	Cheese & Crackers

Week Two Dates 25th Apr – 16th May – 6th June – 27th June – 18th July – 29th Aug – 19th Sept – 10th Oct

Week 2	"GREEN EARTH MONDAY"	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option Halal & Non-Halal	Veggie Chilli with Mixed Rice	Chicken & Sweetcorn Meatballs with Arrabiata Sauce & Pasta	Roast Turkey with Stuffing, Roast Potatoes & Gravy	Chicken Pie & Mash	Fish Fingers with Chips & Tomato Sauce
Vegetarian Main Meal Option	Wholemeal Margherita Pizza with Potatoes	Mixed Vegetable Biryani	Quorn Roast with Stuffing, Roast Potatoes & Gravy	Creamy Baked Macaroni Cheese	Veggie Hot Dog with Onions & Chips
Vegetable Selection	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Broccoli Sweetcorn	Baked Beans Garden Peas
Jacket Potato or Pasta Option	Jacket Potato with Beans, Cheese or Tuna	Pasta with Tomato Sauce or Cheese	Jacket Potato with Beans, Cheese or Tuna	Pasta with Tomato Sauce or Cheese	Jacket Potato with Beans, Cheese or Tuna
Dessert	Oaty Crunch	Fruit Loaf	Low-Sugar Jelly	Fruit Wedge	Home-Made Yoghurt

Week Three Dates 2nd May – 23rd May – 13th June – 4th July – 25th July – 5th Sept – 26th Sept – 17th Oct

Week 2	"GREEN EARTH MONDAY"	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option Halal & Non-Halal	Veggie Meatballs with Tomato Sauce	Traditional Sausage & Mash with Gravy	Chicken with Yorkshire Pudding, Roast Potatoes & Gravy	Chicken Enchilada with Baked Potato Wedges	Fish Fingers with Chips & Tomato Sauce
Vegetarian Main Meal Option	Wholemeal Margherita Pizza with Baby Baked Potatoes	Chinese Vegetable Curry with Mixed Rice & Naan	Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Veggie Mince Pasta Bolognese & Garlic Bread	Cheese & Onion Quiche & Chips with Tomato Sauce
Vegetable Selection	Mixed Vegetables Garden Salad	Green Beans Cauliflower	Spring Greens Carrots	Broccoli Sweetcorn	Baked Beans Garden Peas
Jacket Potato or Pasta Option	Jacket Potato with Beans, Cheese or Tuna	Pasta with Tomato Sauce or Cheese	Jacket Potato with Beans, Cheese or Tuna	Pasta with Tomato Sauce or Cheese	Jacket Potato with Beans, Cheese or Tuna
Dessert	Banana Bread	Oaty Slice	Low-Sugar Jelly	Lemon & Blueberry Yoghurt Cake	Frozen Toffee Yoghurt

